

Why Are Delawareans Calling?

Passenger Safety Seats

Child Behavior



Parenting Skills

Seeking Child Care



Diapers



Seasonal Needs



WIC



Oral Hygiene



Furniture

Home Visiting



Clothing

Child Development



Subsidized Child Care

Other

There are so many reasons to call!

Get Connected. Get Answers.

Dial 2-1-1 today to reach a Help Me Grow specialist.

It's free, bilingual, and easy to use.

When you call, you will be connected with a child development specialist, who will listen to your concerns, provide information, and find the right services for you and your family.

HOURS OF OPERATION

Monday to Friday, 8 a.m. to 9 p.m.

**Just dial 2-1-1
and select Help Me Grow.**

If you have an EMERGENCY, dial 9-1-1.



DEThrives.com/HelpMeGrow/2-1-1



Help Me Grow

Did You Know?

Dialing 2-1-1 will provide answers to help a young child learn and grow.

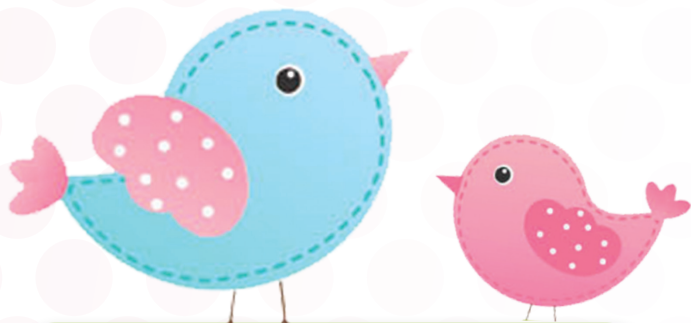


Is Your Child's Development on Track?

If you're like most parents, you sometimes wonder if your child's physical and emotional development is on track for their age. You don't have to wonder anymore.

Help Me Grow specialists are here to answer questions about how babies and children learn and grow. They share activities to strengthen developmental skills while having fun!

This **FREE** service also provides helpful information to find local programs for food, diapers, parenting classes, child care, utility assistance, and much more.



For information about Help Me Grow, just dial 2-1-1!

Delaware Families Are Getting Help by Dialing 2-1-1



WE HELP IF YOU'RE ...

- Wondering about a child's behavior, development, or learning.
- In need of support to access services.
- Assisting a client, patient, family member, or friend who is seeking information about services for children.
- Requesting the addition of a child-serving organization/program to the HMG/2-1-1 resource database.

HMG/2-1-1 WILL ...

- Listen to your concerns and help decide which referrals are right for your family.
- Find services that are appropriate and available for referrals.
- Connect you and your family with services.
- Follow up to verify you were successfully connected.

Additional services are offered to assist families with child behavior issues.



Connecting Children and Their Families to Services That Meet Their Needs.

Diapers



A mother seeking help with diapers for her 5-year-old autistic son was able to get diapers provided through her insurance.

Home Visiting



A woman 38 weeks pregnant with her sixth child was connected with home visiting.



Child Behavior



A 7-year-old boy started therapy for behavior problems.

Child Development



A mom, concerned her son has autism, was connected with Head Start and Child Find.

Parenting Skills



A father and 3-year-old son began parent-child interactive therapy to assist with behavior issues.

Delawareans are contacting Help Me Grow by dialing 2-1-1 and getting the help they need. You can too! Call today.

Simply dial 2-1-1 or text 302-231-1464.
Live out of state? Dial 1-800-560-3372.