



DATE _____

NAME _____



Maternal Warning Signs

When to Seek Care at an Emergency Room/OB Triage



Persistent
headache



Trouble
breathing



Vaginal bleeding
or fluid leaking
during pregnancy



Baby's movements
stop or slow down



Severe belly
pain



Seizures



Thoughts about
hurting yourself
or your baby



When you reach the ER, tell them:

- Your name
- That you are pregnant or had a caesarean or vaginal delivery on (date)
- The warning sign you are experiencing
- The name of your OB provider and where you delivered



Call your OB Provider and say you need to *be seen today* if you have any of these urgent maternal warning signs:



Fever



Dizziness
or fainting



Extreme
swelling of
hands or face



Leg pain,
swelling or
redness in legs



Vision
changes



Severe
nausea/
vomiting



Overwhelming
fatigue



Chest pain
or rapid
heartbeat



Heavy vaginal
bleeding



When you talk to your provider, tell them:

- Your name
- You are pregnant or had a caesarean or vaginal delivery on (date)
- The warning sign you are experiencing

