

CONTACT POISON CONTROL

If you believe your child has accidentally ingested a drug, medication, or supplement and they are not in need of immediate medical attention, contact Poison Control at **800-222-1222** or get help online at **Poison.org**.



The Out of Reach Campaign is funded by the Opioid Abatement and Remediation Grant Program and aims to increase public awareness of drug ingestions.

Want to learn more?

Email us, visit our website, or scan the QR code below!



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This campaign is supported by
**The Child Protection
Accountability Commission.**



Safe Drug Storage
KEEPS KIDS
SAFE

All Children **ARE CURIOUS**

Every day children present to emergency rooms nationwide after ingesting a prescription or illicit drug not meant for them. These ingestions often occur when a parent or caregiver is present in the home. Children can easily access prescription or illicit drugs when they are left out in the open or are stored in an unlocked location. Safely storing drugs can save a child's life. Read on to find out how you can keep drugs OUT OF REACH from children.



1 Put Drugs Up, Not Down

It is easy to put things down on a table or counter, but remember that kids can quickly access things that are in their reach. Anything not safe for your child should be stored up high, in a locked container, out of a child's sight.

2 Store Drugs Out of Reach & Locked Up Tight

Nothing is fully child proof. Anywhere a child can climb or reach if on a stool is not a safe storage spot. Recreational drugs and supplements that come in plastic packaging can easily be opened by children. These types of drugs should be stored in a locked container such as a lockbox, lockbag, or locked cabinet.

3 Teach Your Kids & Visitors

Teach your children about medicine. Explain to them what it is, and that if they ever need medicine a trusted adult must be the one to give it to them. Remind any visitors to your house that any purses, luggages, or coats that contain drugs, medication, or supplements must be placed out of reach from children.



4 Accidents Happen! Prevent What You Can

Keep track of the drugs, medications, and supplements in your house! Always pick up pills that fall on the floor so a child does not find it later on. If you cannot find the pill, vacuum the area just in case.

5 Recognize the Signs of An Ingestion

Symptoms of ingestion vary by drug, but it is important to know the common symptoms, such as:

- Dizziness
- Confusion
- Abnormal Heart Rate
- Sleepiness/Drowsiness
- Upset Stomach
- Vomiting
- Diarrhea
- Changes in Breathing

If your child collapses, appears to be having a seizure, or has difficulty breathing—contact 911 immediately.