Delaware Maternal Mortality Review (MMR)

ERASE MM

Enhancing Reviews and Surveillance to Eliminate Maternal Mortality

What is Maternal Mortality Review?

- Reviews maternal deaths during pregnancy and up to one year postpartum
- Determines whether deaths are pregnancy-related
- Identifies opportunities to improve healthcare delivery and prevent future maternal deaths



What Factors Are Examined?

Medical Conditions	Clinical Care	Mental Health	Social and Environmental Factors	Health Systems Barriers

2025 Key Findings

- 8 maternal deaths were reviewed in 2025.
- Overdose was the leading cause of maternal death for the 6th consecutive year.
- The MMR team found that most deaths could have been prevented.

What's Next?

- Educate on the risks of return to drug use after a period of abstinence
- Promote a culture of respectful maternity care in healthcare settings
- Consider a perinatal psychiatry access program to increase provider consultation and ensure high quality perinatal mental health care

Review Process

1. Maternal Death Occurs
2. Case Review
3. Identify Contributing Factors
4. Develop Recommendations
5. Strengthen Prevention

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The Delaware MCDRC REVIEW & PREVENTION OF MATERNAL AND CHILD DEATHS